

APS Wellness and Nutrition Guidelines – Q and A for Staff (Addendum)

Can we still have our annual pie making session? – Yes, as long as the pie is going home, will not be consumed in school, and is not part of a fund-raiser event. Students should wear gloves and cover their hair for sanitary reasons.

Can the students in the SPED program continue to shop, cook and eat products that are made as part of their life-skills training?—Yes

Can we continue to use food in experiments? –Yes as long as the food is not consumed. e.g., marshmallows in science class.

Can students have unlimited food served at parties as long as the food items meet the dietary guidelines outlined in the “At a Glance” document? No – the number of food items must be reasonable. For example you should not serve, crackers, cheese, fresh fruit, popcorn and juice. Fresh fruit, popcorn and water would be a better option.

Can a parent send in candy to be distributed to students so that it can be sent home, but not consumed in class?—No, all candy is prohibited.

If there is a fieldtrip to Chinatown, can student have lunch there?—Yes, students may continue to purchase their own lunch on fieldtrips and there will be no restrictions in what they chose to purchase.

Can students be provided donuts and apple juice on fieldtrips? Juice limited to 4oz is acceptable. An apple would be a better option. If we are providing the snack it must meet the nutrition guidelines.

Can students make and share food during after-school clubs?—Yes, as long as the food is consumed 30 minutes after the end of the school day.

Can we make fun Holiday decorated snacks for a Halloween party? No, if the food is prepared at home. However, students can use individual wrapped items and make their own holiday-related snack in class, as long as it meets the nutritional guidelines.

November 26, 2012